

## CONSENT FORM



The mission of the Centre for Studies on Human Stress (CSHS) is to educate the public about stress and its effects using scientifically validated information. The CSHS has developed the Destress for Success© program to education young people about stress in order to help them cope with it on a daily basis. This program was developed with the help and collaboration of a team of researchers, students and educational professionals.

At this stage, the CSHS offers a one-day training to those interested in offering the program to youth. By participating in this training, you agree to present the program as it is explained to you without changing, deleting or adding any content. You acknowledge that the program belongs to the CSHS and that it is forbidden to make any modifications to it.

Finally, you understand that this training gives you the privilege to offer the program to youth, but you cannot train others. Instead, you must refer them to the CSHS so that they can register to obtain the training. Also, you agree to offer the program for free without any financial benefits.

I attest to having read and understood the conditions mentioned above and, by this, I agree to respect them.

Name (block letters): \_\_\_\_\_

Institution: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

CSHS Representative: \_\_\_\_\_