9:00am - 11:00am: “Stress at any age”
Speaker: Sonia Lupien, Ph.D.
11:00am - 11:30am: Question & Answer period
11:30am - 12:30pm: Lunch
12:30am - 3:30pm: DeStress for Success training
Sonia Lupien, Ph.D.
3:30pm - 4:00pm: Question & Answer period

Cost: $220 per person

Monday, September 24, 2018
University of Montreal Mental Health Institute
7401, Rue Hochelaga
Bedard Pavilion, 3rd Floor
Room BE-322-18

Register soon!
Space is limited!
Register online here: https://destressesept2018.eventbrite.ca
For more information, please contact:
Nathalie Wan
Email: nathalie.wan@criusmm.rtss.qc.ca
Deadline for registration: September 14, 2018

Workshop Training